

A Mini Spiritual Retreat

Mike Duval and **Margaret Walsh** have created a business partnership, combining their special healing modalities for a deeper experience of health and well being for each of their clients.

Mystic Reiki Treatment

- Experience healing that reaches deep energetic levels
- Restoring wholeness and balance to the body, mind, emotions and spirit
- Helping to deepen and support your spiritual practice

By Margaret Walsh

There is a 1/2 hour preparation, then 1 ½ hour session in a quiet, calm space where you can achieve total relaxation, rest and rejuvenation.

Sacred Drumming / Inner Journeys

Feeling is healing / enter your heart / resolve emotional issues

Travel to the Spirit World / meet spirit guides / visit loved ones who have passed on

Strengthen your connection with the Divine essence within

By Mike Duvall

Testimonials are gladly given upon request.

The day will begin with a sessions with Margaret in a quiet, calm space where you can achieve total relaxation, rest and rejuvenation. You will be served a light refreshment in between sessions. Then you will go on a shamanic journey with drumming that follows for about 2 hrs. with Mike and a wrap up at the end for closure.